



## Cradle-to-Cradle Use of Insulating Rubber Gloves and Sleeves

Insulating gloves and sleeves are proven methods for reducing electrical contact injuries and fatalities. This best practice details the use of such PPE, including when it is to be used. It also outlines the requirements for the gloves and sleeves used when working from an aerial platform.

When employees are working on energized circuits or equipment using the rubber glove method, the rubber protective insulating gloves and sleeves need to be rated for the exposure of the highest nominal voltage and shall be worn cradle-to-cradle when working from an aerial platform.

If there is no upper arm exposure and the worker will not encroach the five-foot primary zone, rubber protective sleeves are not required. The electrical class rating of the insulating rubber sleeves shall meet or exceed the electrical class rating of the insulating rubber gloves when working on primary conductors. Alternative work methods that ensure worker safety will be identified, implemented and communicated to all affected workers and documented as part of the Job Briefing process.

Rubber protective insulating gloves and sleeves shall only be removed:

- When the platform is being repositioned to the cradle or lowered to its lowest possible elevation.
- When the circuit has been de-energized, grounded and an EPZ has been established.
- When the company has a policy for the specific work process.

Read the complete Best Practice at: [Cradle-to-Cradle Use of Insulating Rubber Gloves and Sleeves](#)